

LANNA LUNCH MENU

October

	1 - 4	7 - 11	21 -25	28 - 31	
MON	-----	Baked Pork Stew in Pie Crust Fish with chili sauce Vegetable Spring Rolls ,Pork Red Curry Fruit & salad selection	spaghetti garlic and bacon, Chicken Biryani Stir-fried Chinese cabbage with ham, Clear Boiled Eggs and Water Fruit & salad selection	American fried rice fried chicken wings Stir-fried Zucchini with Egg ,Kimchi Soup Fruit & salad selection	-----
		Vegetarian: Tofu with chili sauce Tofu red curry	Vegetarian: spaghetti garlic and Olive oil Stir-fried Chinese cabbage with tofu	Vegetarian: American fried rice Stir-fried Zucchini with tofu	
		Egg noodle soup with BBQ red pork	Noodles soup with stewed pork	Minced pork noodle soup	
TUE	Chicken pot pie, Stir-fried sweet chili with pork, Stir-fried Zucchini with Egg, Tom-yom Chichen, Fruit & salad selection	Chicken Burrito Pork with soy sauce Stir-fried cabbage with glass noodles, Tom Kha Chicken Fruit & salad selection	Crab stick sushi Chicken nuggets minced pork with basil , Chicken Green Curry Fruit & salad selection	Chicken lasagna, broccoli sote ,Stir-fried large noodles with soy sauce. Hang Lay Curry Fruit & salad selection	-----
	Vegetarian: Tom-yom mushroom, Stir-fried sweet chili with tofu	Vegetarian: Tom Kha Tofu Stir-fried cabbage with glass noodles	Vegetarian: Tofu Green Curry , Sushi Vegetarian	Vegetarian: Hang Lay Curry broccoli sote	
	Udon miso soup	Minced pork noodle soup	Pork Sukiyaki	Egg noodle soup with BBQ red pork	
WED	American fried rice, fried chicken wings, Baked Chicken with Vegetable, Kimchi Soup,Stir-fried mixed vegetables Fruit & salad selection	Sticky rice and papaya salad, Fried Chicken with Fish Sauce Isaan Pork Salad, Japanese Curry Chicken Fruit & salad selection	-----	Roasted Pork with Gravy Sauce Pork with soy sauce Stir-fried mixed vegetables and minced pork,Baked Potatoes with Cheese Fruit & salad selection	-----
	Vegetarian: Stir-fried Kale with Oyster Sauce, Fried rice / Kimchi Soup	Vegetarian:Japanese Curry Chicken with tofu Sticky rice and papaya salad,		Vegetarian: Stir-fried mixed vegetables Baked Potatoes with Cheese	
	Yentafo	Rice noodles with Northern Thai curry sauce		Instant noodles minced pork	
THU	Tandoori chicken, Sweed and Sour Pork, Chicken massaman curry, Stir-fried mixed vegetables Fruit & salad selection	Penne au gratin, chicken cashew nuts Stir-fried broccoli with minced pork, Soup with tofu and minced pork, Fruit & salad selection	Ham and Cheese Sandwich Red pork with rice ,bean sprouts with tofu, Potato chip Fruit & salad selection	Baked Chicken with Mustard Cream Sauce Kale with Oyster Sauce Egg fried rice ,Boiled eggs and pork in sweet brown sauce Fruit & salad selection	-----
	Vegetarian: Sweed and Sour Tofu Tofu massaman curry	Vegetarian: Stir-fried broccoli Tofu Penne au gratin, Tofu cashew nuts	Vegetarian: Sandwich bean sprouts with tofu	Vegetarian: Kale with Oyster Sauce Tofu in sweet brown sauce	
	Ramen	Rad Na with pork	Ramen	Rad Na with pork	
FRI	Fusilli stir-fried with smoked sausage steamed rice topped with chicken Green squash soup, Stir-fried bean sprouts with tofu Fruit & salad selection	Chicken teriyaki, Tuna fried rice ,Pork Panang ,Stir-fried glass noodles with shiitake mushrooms Fruit & salad selection	Sausage rolls, Pad Thai, Stir fried chicken with dark soy sauce, Tom Yum with bouncy pork and thick soup Fruit & salad selection	-----	-----
	Vegetarian: Fusilli stir-fried with Olive oil Stir-fried bean sprouts with tofu	Vegetarian:Stir-fried glass noodles with shiitake mushrooms Panang Tofu	Vegetarian: Pad Thai, Tom Yum Mushroom		
	Instant noodles minced pork	Khao Soi with chicken	Udon miso soup		



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